

NEWSLETTER

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NWST Students Playing With the Dragon During the Festival of Courage

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Financial Guidelines

School fees can be paid annually, per term, or payment plans

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Handwork In NWST

It helps students improve their hands, be more creative, and use both sides of their brains.

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Studies in NWST

Learn more about the different educative forums/meetings that we have

Financial Guidelines and Incentives at NWST



Sunflower Class, NWST Karen Campus, Nandi Road

The Nairobi Waldorf School Trust is primarily financed with income from school fees.

School fees can be paid annually, per term, or payment plans (based on personal arrangements made with the school). Requests for a payment plan should be made at least two weeks before the first day of the new term.

Here are some of the fee discounts that parents can benefit from;

- a) 2.5% discount on school fees paid in full two weeks before the first day of school**
 - b) 5% discount on annual school fees paid in full before the first day of school**
 - c) 10% sibling discount on school fees for additional (younger) children**
- Managing debt well is crucial for the school's success.**

Payment of school fees on time makes the school meet its financial obligations and ensures that the smooth running of the school is not affected. The management is encouraging parents to make timely payment of school fees.

Follow this link to learn more about the school's debt recovery process (<https://nairobiwaldorfschool.ac.ke/wp-content/uploads/2022/10/Debt-Management-Policy-NWST-2022-Amended.pdf>)

Festival of Courage

The Festival of Courage took place consecutively on 27th September 2023 and 28th September 2023, with events for high school and primary students. This celebration is about embracing our inner strength and facing life's challenges. High school students embarked on an adventurous journey, hiking Ngong Hills, consisting of 7 hills stretching from Kona Baridi to Ngong Town. The second, third, and fourth hills proved to be the most demanding, but the students successfully conquered all seven. A genuine excitement and sense of accomplishment could be seen on the faces of the students after completing the hike.

The primary school students experienced a variety of thrilling challenges. These activities included free falling, navigating a dark room with a dragon, maintaining balance on a beam, apple bobbing, and conquering high ropes. The dragon-themed activity particularly piqued the curiosity and excitement of the younger children. Overall, it was a memorable and realistic festival for students and teachers.



Mud/Water Challenge



Free Falling Challenge



Beam Balance

Flower Festival

The festival is about celebrating nature and the arrival of the short rains. At NWST Karen Campus, we marked this special occasion by getting close to nature. Teachers, parents and students planted flowers. We thank the parents for bringing flowers to the school and participating in the planting. Indeed, it was a wonderful experience.

At the NWST Lavington Campus, the kindergarten students tapped into their inner artists. They rolled up their sleeves and created handmade flowers with the guidance of their dedicated teachers. And after all that creativity, they let loose with some exhilarating circle games and catchy songs. Laughter and excitement filled the air.

Festivals play a significant role in the life of a Waldorf school. They help children connect with the natural rhythm of the seasons and the passage of time. It's a way for them to understand that there's something greater than themselves. It's about teaching them that there's a big, beautiful world out there. It's a natural and meaningful part of our school life.



Flower Festival celebration at NWST



Flower Festival celebration at NWST(Circle Game)

HANDWORK IN NWST

Handwork is an important part of education that goes beyond creating things. It helps students improve their hands, be more creative, and use both sides of their brains. Our Class 3 students at NWST Lavington Campus and NWST Karen Campus have had hands-on pot-making experiences recently.

NWST Lavington Campus: Meeting Skilled Potters

At NWST Lavington Campus, Class 3 students got a special visit from two skilled potters. These potters taught the kids about pottery and how to work with clay. It was a great chance for our students to try creating pottery with the potters' help.

NWST Karen Campus: Exciting Pottery Workshop Visit

On the other hand, Class 3 students at NWST Karen Campus took a field trip to a pottery workshop. There, they saw different pottery and learned how to make their pieces. Skilled artists guided them, helping them make their pottery.

These activities align with Rudolf Steiner's idea of handwork in school. It's not about making artists; it's about teaching students practical skills and building their confidence to tackle life's challenges. We're happy to see our students learn and grow through these experiences.



NWST Student working with the Potter



Esther Nyaga, Class 2 Teacher, NWST Lavington Campus with one of the Potters

Our Class 3 students, NWST Lavington Campus, have recently taken up the spades and rakes to prepare a garden bed that will soon burst with life. They'll grow various crops, from spinach and onions to lemon-grass, tomatoes, vibrant flowers, and even black nightshade (managu). What's heart-warming is that their parents joined in on this exciting journey, eager and enthusiastic to be part of this delightful process.

Growing food and tending to the earth is fundamental to our existence. The more we involve children in this practice, the more they understand the natural world and their role in preserving it. It's a journey of growth, both in the garden and in the hearts of our young ones.

The glory of gardening: hands in the dirt, head in the sun, heart with nature. To nurture a garden is to feed the body and the soul – Alfred Austin.



Left to Right: NWST Students and Parents Preparing the Garden for Planting

EDUCATIVE STUDIES IN NWST



A Previous Meeting at NWST

Anthroposophical Studies - the philosophical foundation behind practices like Waldorf Education and Biodynamic Farming, is embraced by a small community of about seven members in Kenya. Anthroposophical Studies involve a broad exploration of spiritual and philosophical concepts, so these meetings provide a welcoming space for individuals interested in gaining a more profound understanding of this philosophy. These studies are organized monthly and are open to anyone eager to delve deeper into Anthroposophy. They take place at two different locations: Either the Rudolf Steiner School in Mbagathi or at NWST, Karen Campus Nandi Road.

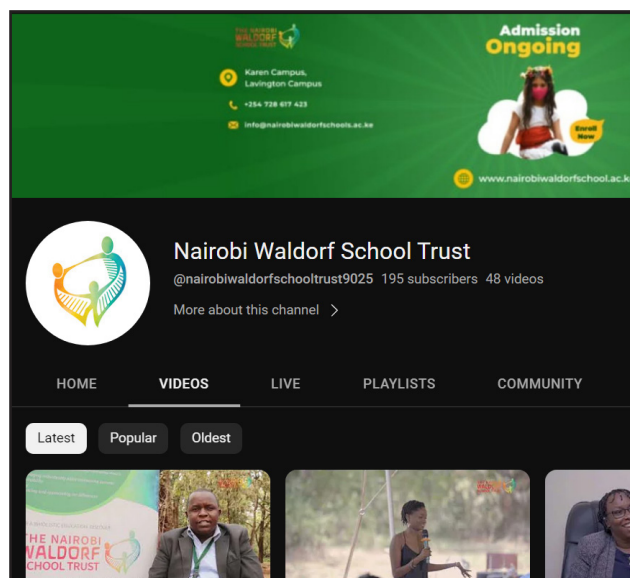
Monthly Parents Studies - Join us for our monthly Parent Studies conducted by two dedicated educators at NWST, Esther Nyaga, the Vice Chair of Pedagogy and a Class 3 teacher at NWST Lavington Campus, and Joshat Gogani, our Learning Support Coordinator at the NWST Karen Campus. These informative and engaging sessions delve into topics relevant to parenting, child development, and parenting styles. Esther and Joshat are passionate about empowering parents with knowledge and insights to help them navigate the rewarding journey of parenthood. In these studies, you'll gain valuable insights into child development, learn about effective parenting techniques, and explore different parenting styles that can enhance your relationship with your child.

Town Hall - The NWST town hall meetings held at the NWST Karen and NWST Lavington Campuses are vital for fostering collaboration, transparency, and a sense of community within our school. These meetings provide an opportunity for open dialogue between parents, teachers, the school management and the board members. It's a time to share insights on academic progress, discuss important school developments and address parents' concerns or questions. We wholeheartedly encourage all parents to attend these meetings because their active participation and engagement contribute to the children's growth and well-being, which also help us collectively shape our children's future.

Nanny Workshop - The NWST nanny workshop, recently held at both the NWST Karen and NWST Lavington Campuses, plays a crucial role in supporting your child's wholistic development and well-being in the Waldorf Educational environment. These workshops offer nannies and caregivers the opportunity to gain valuable insights into the unique educational philosophy and approach of Waldorf schools. By attending these sessions, nannies can understand and support the developmental needs of the children under their care, ensuring that the nurturing they receive at home aligns with the principles of Waldorf education. We strongly encourage parents to send their nannies and caregivers to these workshops, as it is an investment in your child's educational journey and overall growth.



NWST Facebook Page



NWST Youtube Page

NOVEMBER DATES AT A GLANCE

Wednesday, 8th November - Parents Study, NWST Karen Campus

Friday, 17th November - High School Advent

Wednesday, 22nd November - Parents Study, NWST Lavington Campus

Friday, 24th November - Class 4 Karen Class Social

Dear Parents and Guardians,

We really appreciate your unwavering support and commitment to the school. Your kind words have continuously transformed our school and our wish is that the school will impact the lives of countless students who will walk through the doors of NWST in the future. We ask you to take a moment to share experiences and insights you like with others on our Facebook page, Instagram page, and Google reviews.

Why does it matter?

Community Growth - Together, we can grow our NWST Community, fostering a nurturing environment for our children to thrive.

Visibility - Positive feedback on these platforms increases our visibility, helping more families discover the enriching educational journey we offer.

Impact - Your reviews are a testament to the quality of education we provide. By sharing your satisfaction, you contribute to the lasting success of our school.

How to leave your reviews:

Facebook - Visit our Facebook page (Nairobi Waldorf School Trust) and click on the "Reviews" section. Share your thoughts and experiences with fellow parents.

Instagram - Head over to our Instagram page (nairobi.waldorf.school), leave comments on posts, and use relevant hashtags to spread the word about NWST.

Google Reviews: Search for our school on Google, click "Write a Review," and share your feedback for the wider online community.

Kindly let us know the areas we are doing well as well as the areas that need improvement in the school.