

FEBRUARY NEWSLETTER

NAIROBI WALDORF SCHOOL TRUST NEWSLETTER

FEBRUARY 2024



Primary Students displaying different characters during the world book day. This year again,NWST will join the rest of the world on March 7th 2024 to celebrate the World Book Day

1

CELEBRATE DIVERSITY

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2

CARRER ADVICE PROGRAM

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3

HEALTH AND FITNESS DAY

Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and intellectual activity.

4

TOWN HALL MEETING

Demonstrating your company's (school) commitment to open communication is key to success.

NWST CELEBRATING DIVERSITY



Grade one (Acacia)NWST Karen Campus ,having handwork

The journey of Nairobi Waldorf School learning support Department

Nairobi Waldorf's Learning Support team is broadly referred to as The Kolisko Team. The use of the word Kolisko is significant in keeping the classification and identification of students based on their abilities as minimal as possible. The department is named after Eugene Kolisko.

Eugene Kolisko was a prominent figure in the development of Waldorf education. He was a physician and educator who worked closely with Rudolf Steiner, the founder of the Waldorf education movement. Kolisko contributed significantly to the understanding of child development and educational methods within the context of anthroposophy, the spiritual philosophy upon which Waldorf education is based.

Kolisko's work focused particularly on the development of the curriculum and educational approaches for children with special needs. He emphasized the importance of a holistic approach to education, considering the physical, emotional, and spiritual aspects of each child. Kolisko's insights and contributions continue to influence Waldorf educators and schools worldwide, particularly in the area of inclusive education and support for children with diverse learning needs.

At Nairobi Waldorf School, we celebrate every child's unique abilities and take pride in the rich diversity of our student body. Central to our mission is the commitment to creating a learning environment that caters to the needs of every child, particularly those with significant learning needs. Our Kolisko Department is dedicated to ensuring that all students thrive in an inclusive setting that nurtures holistic development.

Through the lens of Waldorf education, we view learning as a healing and curative experience. We believe in the potential for growth and progress in every child, and our approach reflects this belief. One of the key aspects of our methodology is the active involvement of parents in shaping their child's educational journey. During Individual Education Plan (IEP) meetings, parents have the opportunity to share their aspirations and suggestions, allowing us to tailor our support to meet the unique needs of each child.

The collaborative efforts between parents and the school have yielded remarkable results. We have witnessed significant strides towards independence among our students, with many demonstrating the ability to work autonomously with minimal support from our learning support teachers. This collaborative approach, which is deeply rooted in the Waldorf philosophy, ensures that our students receive the personalized attention and support they require to thrive academically and emotionally.

As we approach the upcoming school trips, we understand that parents may have concerns about their children spending an extended period away from home, especially considering behavioral challenges that may arise. However, we want to assure our parents that Nairobi Waldorf School embraces inclusivity wholeheartedly. Our school trips provide an opportunity for students to experience a home away from home, where they can engage in new learning experiences and forge lasting memories.

We are immensely grateful for the unwavering support of our parents, whose collaboration and dedication have been instrumental in the success of our students. Together, we are creating an educational environment where every child feels valued, supported, and empowered to reach their full potential.

Josphat Gogani

Nairobi Waldorf School's Kolisko (Learning Support) Department.

NWST CAREER ADVICE PROGRAM



Photos of DP 1 and DP 2 students attending a Career Fair at the Kempinski Hotel

The school is reaching out to parents who would like to be part of our High school career talk, which happens every Wednesday from 2:00-3:00pm.

The career talks entail, providing information on various occupations within the industry. They introduce students to the nature and scope of the work done and educate them on the skills necessary to perform certain job functions. The career talks are also designed to excite and motivate young people about the career options and opportunities available for them.

Our target audience are students across the various age groups, however one would need to consider issues like concentration span and reading comprehension when preparing the sharing.

Your talk can be informative, interesting, persuasive and educational. Within the allocated time you can address the following topics in details.

- .Job responsibilities
- .Work environment
- .Skills required for the job
- .Personal qualities
- .Work values
- .Qualifications
- .Possible job titles
- .Possible career progression

- .Potential pay
- .Related careers in the industry
- .Advice/Consideration for students interested in going into the industry.

You may also incorporate your own personal story and experience on the job, this will motivate them more. This areas can include .

- .Your educational pathway
- .Why you chose the career
- .The highlights of your career
- .The challenges you faced on your job and how you overcame them.

To prepare for the talk you are encouraged to provide visual aids for your sessions. This can include presentation slides and videos. You can also bring along tools of trade which are important to your job and can be interesting to the student.

When putting together your presentation, you are reminded to be mindful of the diversity messages in the information you present, ensuring that both genders are represented in imagery, for instances, having role models from both sexes.

We look forward to an exciting and fulfilling academic year and term as you share your area of expertise with our students.



NWST DP 1 and 2 students listening to a career talk from Domnic Jensen, a senior International officer based at the University of Manchester



DP 1 and DP 2 posing for a picture with their NWST career counselor, Tr Lynette at the Kempinski Hotel.

For more information and booking slots, kindly get in touch with Tr Lynette the NWST career counselor via her email or through a call.

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NWST FAMILY HEALTH AND FITNESS DAY



NWST community assembling during the family fitness day

Family health and fitness day are a great way to extend healthy messages from school to home and educate families about the importance of physical fitness.

Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and intellectual activity.

NWST organised a family fitness event on the 3/02/2024 that saw both parents, students, and staff members come together for a common purpose

Family fitness brings school community together. We began the day with a health talk from one of the medical practitioner, and thereafter moved to the field for a warm up and stretch up session that involved children from the kindergarten all the way to high school, together parents and staff members. There were many memorable moments as different games unfolded.

Watching the whole NWST Community play was truly a magical moment.

Following the fun, healthy games, our kitchen department served everyone a healthy snack.

At the family health and fitness event, the student saw their teachers and family members in a new healthy and playful light, and the family members saw their school not just as a place to drop off their children, but as a welcoming and fun environment



NWST TOWN HALL MEETING



NWST Community in an artistic session during the Town Hall Meeting



NWST community listening to some presentations

NWST Town Hall Meetings are gatherings set aside so that the whole community, Staff members and parents get to meet with the school board and the school management body and get to learn more about the school and its goals, and also have an overview of where we are at as a school, in terms of development and enrollment.

Both Town hall meetings at Lavington Campus and Karen Campus held in the month of February had good representation. During the meeting parents and employees were also given chance to give their feedback and inputs on how they think things should be done, and areas that they felt needed reinforcement. It was good listening to feedbacks and great ideas on how we can work together as a community to improve our school.

We thank you all for making time to attend the Town Hall Meeting, and at the same time we continue to encourage parents and guardians to create time for such like meetings. Demonstrating your company's (school) commitment to open communication is key to success.

UPCOMING DATES AND EVENTS

Friday, 1st March - Saturday, 2nd March 2024 NWST One-on-one parent meeting (lower primary)

Saturday, 2nd March 2024 - NWST Nanny workshop Karen Campus, Nandi Road 8:30am - 4:30pm

Wednesday, 13th March 2024 - NWST Karen Parent Rep Meeting 2:00PM

Friday, 8th March - Saturday 9th 2024 - NWST One-on-One parent (KG and Upper Primary)

Tuesday, 12th March 2024 - NWST Karen Learning Support Evening 4:30pm - 6:00pm

Wednesday 13th March 2024 - NWST Karen Class One Readiness Meeting

Friday, 15th March 2024 - Lavington Class One Readiness Meeting 4:00PM

Saturday 16th March 2024 - NWST Karen and Lavington Class One Readiness Meeting Assessments 8:00am

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Wednesday 20th March 2024 - NWST Agape Festival (Primary)

Wednesday, 20th March 2024 - NWST Lavington Parent Study 4:00pm

Friday, 22nd March 2024 - NWST Kindergarten Rainbow Festival (Karen and Lavington)

Tuesday 26th March 2024 - NWST Upper Primary Class Presentations

Wednesday, 27th March 2024 - NWST Lower Primary Class presentations 2:00pm (Karen and Lavington)

Thursday, 28th March 2024 - NWST School Closes

NWST ANNUAL SPORTS DAY



Sports is the common denominator in the world that brings everyone together. If there's any one place in the world where there is equality, it is probably sports.

The annual NWST sports day that was held on 9th February 2024 at the KCB, Leadership Center, Karen was a fun and exciting event that brought the entire Waldorf community together, starting from the grade one students all the way to High school students, together with the staff members and parents.

The excellent day of sports was met with imperfect weather conditions to make for what some were calling "the best sports day!"

The day was contested between the two teams Scorpio (red) and Taurus (green) through different kinds of sports such as sack race, hoola hoop race, three legged, relays, potato race and football. Our parents and staff members were not left behind either, they took part in relay races and soccer.

After a full day of sports, aimed to suite all abilities, the whole community came together to share a delicious meal that had been prepared by our dedicated kitchen staff members.

