APRIL NEWSLETTER

NAIROBI WALDORF SCHOOL TRUST NEWSLETTER

APRIL 2024



HIGH SCHOOL PRINCIPAL MESSAGE

NWST must also have permission from the local examination council to conduct the exam. In Kenya the council is Kenya National Examination Council (KNEC). This permission has already been gotten.

EDUCATIONAL TRIPS

NWST value engaging students with the world through hands on experiences and have a specific culture

Trips are built into our curriculum to further enrich and enliven our students' education.

WORLD BOOK DAY

It was lovely to see children dressed in themed costumes representing different characters in the their favorite story books..

CHARITY VISIT

Generosity and helpfulness especially towards the needy or suffering /and also aid given to those in need is a great virtue.

5 **BASKETBALL TOURNAMENT**

The spirit of camaraderie was palpable as our students interacted and played with peers from various International schools. The feedback from our young athletes has been positive, highlighting the joy and excitement of engaging in such a diverse and dynamic environment.

NWST VISION: Nurturing Wholistic Beings

NWST MISSION: To be the leading inspirational school In Kenya by nurturing, through Waldorf Education, balanced, free individuals who are capable of critical, creative, and flexible thinking

Facebook Page; Nairobi Waldorf School Trust Instagram Page; nairobi.waldorf.school Twitter Page; Nairobi Waldorf School @Nairobi Waldorf Youtube; Nairobi Waldorf School Trust

Website; https://nairobiwaldorfschool.ac.ke/



A MESSAGE FROM MR, PAUL MUNGAI THE NWST HIGH SCHOOL PRINCIPAL.

IBDP APRIL /MAY EXAM

The May exam session is scheduled to start on 24th April 2024 with language A: language and literature and end on 17th May 2024 French ab initio P2. A total of 18 sessions will be conducted at Waldorf School during the period.

Examination materials and exams are normally expected from IBO via DHL early enough before the date of the exam. The center is expected to have a strong room (Safe) where these materials are kept and only the head of school and the IB coordinator are allowed to have access. The IB coordinator or a school appointed officer is wholly responsible for the administering the exams. They must be teachers registered with the TSC and approved by the same body to conduct exams.

Upon completion of the paper, the answer scripts must be shipped back to IBO via DHL. There is then a need to have an account with DHL. Our institution has already opened an account. The center must also have permission from the local examination council to conduct the exam. In Kenya the council is Kenya National Examination Council (KNEC). This permission has already been gotten.

A part from the written exams, the core subjects must be completed and results submitted to IBO for moderation. They include Theory of Knowledge (TOK), Extended essays (EES) and Creativity Action and Service (CAS).

I am happy to report that early components whose deadline was 15th March were submitted. The next components' deadline (Internal Assessments (IAS)) will be on 21st April 2024. We plan to beat this deadline as well.

We have a candidature of six, five of whom are registered for diploma and one for certificate. Being our pioneer class, I join them in the excitement they are going through, and truly wish them all the best. We look forward to announcing good results on 5th July 2024 when the results will be released.

We wish all our IBDP students all the best in the up coming exams





Principles used in creating the IB Examination Schedule:

- It is not possible to take into account public, national or school holidays because of the number of countries in which the IB Diploma Programme is offered.
- Registration data has been used to ensure that the minimum number of students globally are impacted by subject timetable clashes.
- Where there are subjects with particular regional or cultural links the IB will endeavour to take these into
 account, for example Arabic literature/language examinations will not be scheduled on a Friday.
- Almost all subjects are scheduled on consecutive days. This is to minimise the impact of absence on any
 given day, whilst maintaining continuity for students.
- Subjects with the highest candidature are not scheduled consecutively and are spread as evenly as possible
 over 4 weeks to try and distribute the workload for students. Language examinations and science
 examinations are scheduled on each of the 4 weeks for the same reason.
- The examination schedule is as short as possible to maintain an acceptable balance between the number
 of conflicts in the schedule.

Rescheduling Policy

- Rescheduling of an exam for a student requires approval from IB.
- The criteria and the process for applying for a reschedule can be found in the Diploma Programme/Careerrelated Programme Assessment procedures.

2025 Examination Schedule

The exam schedule in 2025 will start on Wednesday 23 April 2025, and end on Friday 16 May 2025, subject
to confirmation in 2024.

GRADE 6 EDUCATIONAL TRIP TO MOUNT KENYA FROM 12TH FEBRUARY TO 17TH FEBRUARY

If you are looking for a challenge, there's no better mountain to climb than Mt Kenya's majestic mountain with it's rugged and rocky terrain, steep lopes and high altitude.

The Grade 6 took on the arduous task of climbing Mt. Kenya. Over the course of 5 days the group hiked and camped their way up the mountain. They applied their study of mineralogy as they saw first-hand the changing terrain under their feet. Mt Kenya also consolidates the local history, Geology and Geography that the students experienced in the previous classes.





NWST GRADE 6 READY TO START KICK OFF THE HIKE AT Mt. KENYA

NWST GRADE 6 AT THE SUMMIT POINT AT Mt. KENYA

GRADE 4 EDUCATIONAL TRIP TO AMBOSELI FROM 12TH FEB-RUARY TO 16TH FEBRUARY.





Grade 4 STUDENTS POSING FOR A PICTURE AT AMBOSELI NATIONAL PARK

Class 4 went on a safari to Amboseli National Park. During their 5 days, they viewed animals in their natural habitat and met with residents from a local village and learned about human-wild life conflict, tying to their block of Man and Animal study.

Wild animals have always been seen as a threat because of the numerous incidents with livestock and damage to crops, but while at Amboseli National Park the students learned about their natural assets and can appreciate through a new perspective.

The students also enjoyed sitting by the bonfire every evening getting entertained by the Masaai as they performed their cultural dances, inviting the children to join them. The trip was breathtaking and will treasure all the memories.

GRADE 7 AND 8 EDUCATIONAL TRIP TO MOMBASA, FROM 12TH FEBRUARY TO 16TH FEBRUARY.



During the Grade 7 and 8 trip to Mombasa, the students embarked on a five-day adventure filled with exploration and enjoyment.

On the first day, they departed from Nairobi Terminus via SGR, arriving in Mombasa by 2 pm, and settled into Sunset Paradise Apartments. The following days were packed with activities including visits to the Malindi Museum, Portuguese Chapel, Vasco Da Gama pillar, Fort Jesus, and Haller Park, as well as an exciting boat ride in search of dolphins and snorkelling at Wasini Island. Each day ended with debriefings and planning for the next.

The trip concluded with an early departure from Mombasa back to Nairobi, with students returning safely to school by 3.15 pm on the final day. Despite minor delays and varying levels of enthusiasm in the mornings, the trip was a memorable and enriching experience for all involved.

GRADE 3 EDUCATIONAL TRIP TO KEMBU FARM

Class 3 visited Kembu Farm from 12th- 16th February. The trip enhanced what was learned in the farming block, where they got to prepare the land/garden then plough, plant, sow, water, weed, hoe and finally harvest. The visit to Kembu was to experience a bigger farm.

The children learned a lot in the farm. they saw cows being milked, they helped in picking up eggs, they also visited Mount Kiplombe and learned about different kind of plants especially the medicinal plants and plants that were used to dye clothes in the early years. During their stay in Kembu, the students also visited the waterfall and Kenana Knitters.







GRADE 5 STUDENTS AT MT. KIPLOMBE

"All knowledge pursued merely for the enrichment of personal learning and the accumulation of personal treasure leads you away from the path; but all knowledge pursued for growth to ripeness within the process of human ennoblement and cosmic development brings you a step forward." Rudolf Steiner

NWST AGAPE FESTIVAL



NWST KAREN CAMPUS STUDENTS SHARING A MEAL DURING THE AGAPE FESTIVAL

This years Agape festival reminded everyone involved that we are part of the larger community. It brought a sense of seasonal awareness and that we as a school has a shared experience of the greater rhythms of life. We share the same challenges and commemorate the same events

GRADE 6 VISIT TO A CHARITY HOME



NWST GRADE 6 STUDENTS PRESENTING THEIR DONATIONS TO MARY FAITH CENTER

Generosity and helpfulness especially towards the needy or suffering is a good virtue.

The Grade 6 students planned a charity activity and visited Mary Faith Children Center a home for the orphaned and vulnerable girls. They took with them donations to support the needy girls.

Thank you dear parents and guardians for the support.

GRADE 2 OVERNIGHT CAMP



STUDENTS AT NWST, KAREN CAMPUS DURING THE GRADE 2 CAMPING



GRADE 2 STUDENTS, LAVINGTON CAMPUS, POSING FOR A PICTURE OUTSIDE THEIR TENT

The class 2 had an amazing experience where they got to have their first school camp. Camping in class two is geared towards instilling independence and self-responsibility as the learners bridge between lfe in paradise and separation as they look forward to experiencing the creeping of the ego(I) as they identify who they are. Camping creates a life long experience that prepares the students for a 5 day trip in grade three.

Waldorf Education Fact

The basic principle of Waldorf Education is the knowledge of the world by children without internal resistance, naturally, based on their feelings and perception, to gain experience during self-study of the world. To arouse the curiosity in the children's souls, and then satisfy it – is the main task of teaching.

GRADE 1 EDUCATIONAL TRIP TO OLOOLUA FOREST.





NWST GRADE 1 KAREN STUDENTS EXPLORING THE OLOOLUA FOREST

NWST GRADE 1 STUDENTS ON A NATURE WALK TRAIL

Nature walks are a part of Class 1 rhythm. Out in nature, children learn to listen to quiet sounds like birds chirping, water bubbling and wind rustling through the leaves. They also learn to explore and build curiosity in the ways of nature when they see cocoons and spider webs. These are beginnings of interest in science exploration. They develop their balance as they climb over rocks and jump over tree roots or old tree trunks. It tied into their block of nature observation.

KINDERGARTEN EDUCATIONAL TRIP TO APOLLO GARDEN - NWST KAREN CAMPUS







NWST KAREN KINDERGARTEN STUDENTS LEARNING ABOUT HOW POTS ARE MADE

Karen Kindergarten children made a field trip to Apollo Gardens in Limuru. It was an amazing opportunity for children to see some farm animals, what they feed on and what they produce. They also enjoyed watching how pots were made. They learnt about food pro-duction, how it's grown from a seed to harvesting and got an opportunity to plant some seedlings. The visit helped the children to reconnect with nature and learn in a different environment. They connected with the environment at a higher level. It was a fun moment, watching them search for treasure hunts hidden in the map of Africa sand pit. The trip was very informative, fun and at the same time memorable.

KINDERGARTEN EDUCATIONAL TRIP TO KARURA FOREST-NWST LAVINGTON CAMPUS.







NWST LAVINGTON KINDERGARTEN CHILDREN ENJOYING THE NATURE WALK TRAIL

The NWST Lavington Campus Kindergarten made a trip to Karura Forest. The children interacted with nature through their senses and their confidence was displayed as they explored the forest, learning more about nature as they paid keen attention to what was happening around. It was a beautiful and memorable moment for the children. They were o happy to be in the nature and appreciated the owe and wonder.

BASKETBALL TOURNAMENT AT GREENSTED INTERNATIONAL SCHOOL





NWST STUDENTS PLAYING BASKETBALL AT GREENSTEDS SCHOOL

We are delighted to share with you the achievements and experiences of our basketball teams at the recent tournament held at Greensted International School on February,10th 2024.

Our boys team showed exceptional skills and teamwork, securing a commendable fourth place out ten participating teams. The girls team matched this achievement with a fourth-place finish after a nail biting playoff stage among eight teams. The competition was intense, with only one basketball court available, leading to a modified game format of 7-minutes halves instead of the usual 10-minute quarters. This change ensured that all games be completed within the day but also resulted in very close matches, often decided by a mere one or two points.

The spirit of camaraderie was palpable as our students interacted and played with peers from various International schools. The feedback from our young athletes has been overwhelmingly positive, highlighting the joy and excitement of engaging in such a diverse and dynamic environment. On our return journey we made a delightful stop at Galitos Flyover, where the students enjoyed some well-deserved snacks and fast food, a perfect way to wind down after a day full of energy and enthusiasm.

In recognition of their active participation and performance each student received a certificate. We are incredibly proud of their accomplishments in our school's first ever tournament appearance and are already looking forward to future success, including the upcoming event on June 8th, at Oshwal Academy and Shanzu TTC Mombasa.

This tournament has not only boosted our morale for the second half of the term, but has also inspired the recruitment of younger players from Grade 6 upwards, strengthening the foundation of our school's basketball program.

THE NAIROBI WALDORF SCHOOL TRUST CLUBS FESTIVAL 2024





NWST hosted "The Nairobi Waldorf School Trust Clubs Festival 2024" that took place on the 21st March 2024 at Karen Campus. The club festival brought together so many schools. We had a total number of 12 different schools in attendance and each had performances varying from Ballet, Music, and Gymnastics.

It was amazing watching different schools including our own school (NWST)show case their different activities using the great talents that they have. The performances, both group and individual performances were breathtaking.

At the end of the event each student was given a certificate of participation. It was a day well spent.



NWST CELEBRATING THE WORLD BOOK DAY MARCH 7TH





NWST KAREN KINDERGARTEN SHOWING THEIR COSTUMES DURING WORLD BOOK DAY

NWST LAVINGTON STUDENTS SHOWCASING THEIR COSTUMES DURING THE WORLD BOOK DAY.

The NWST both Lavington and Karen Campus joined the whole world in celebrating the World Book Day. At NWST we really enjoy books, and this was a brilliant way of celebrate our love of reading. The students took part in lots of book themed activities and our upper primary students visited different classes reading story books to the kindergarten children. They all had a great time.

It was lovely to see such implementation as the children came to school dressed as their favorite book characters. We thank all the parents for the effort made. We celebrated together as a whole school and really enjoyed seeing everyone's outfits. Children participated in the raffles tickets and won some gifts, and others left with so many books from the Elimu book sellers. It was a day well spent.





CONGRATULATIONS TO NWST COMMUNITY FOR THE GREAT AWARDS

Nairobi Waldorf school recently took part in the Great places to school competition that was ran by Global **Peace Foundation. NWST won first** position in the category "Career **Development and Workforce Readiness** and second position in the category of "Global Competence".

