
NWST Bulletin

NAIROBI WALDORF SCHOOL TRUST

JANUARY 2023 BULLETIN



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Board Chair Message

Dear Parents/Guardians,

I welcome you to the second term of the 2022-2023 academic school year. I am looking forward to working with all of our parents/guardians, students, and community. There has been a lot of planning and preparation to prepare for this school year. I can assure you that the Nairobi Waldorf School Trust staff is committed to providing an excellent academic and nurturing environment for your child(ren).

We are prepared to start the year strong, and your support of the school is truly appreciated! We look forward to a productive partnership with you to ensure our children can achieve their highest potential.

We recognize that to be successful in school, our children need support from both home and school. We know a strong partnership with you will make a significant difference in your child's education. As partners, we share the responsibility for our children's success and want you to know that we will do our best to carry out our duties. The school continues to grow as we have added classes; we

have gone up to class 5 on Lavington Campus and Class 11 at NWST Nandi Road Campus. To improve capacity and steadily raise our quality standards at the school, we have recruited IB-trained and experienced teachers for the high school.

We have completed some construction on both campuses, e.g. the sports field at NWST Nandi Road-Campus, library construction at NWST Lavington Campus and the class six building at Nandi Road Campus. We look forward to receiving continued support from our parents, teachers, management, and students as we plan to relocate from Miotoni Road to Nandi Road campus in 2023.

We are looking forward to the significant positive changes that will be taking place this academic year.

Betty Syanda
NWST, Board Chair.

January 2023 Meetings and Events



Coffee Morning and Class Meetings - Parents are encouraged to attend all their respective class meetings and coffee mornings. These forums provide an avenue to learn more about the school and have your concerns addressed adequately.



NWST Lavington Campus Town-Hall Meeting took place on 13/01/2023. It was an informal arena where parents interacted with board members and the management to talk about the issues affecting the school.



New parents induction took place on 6th January at NWST Karen, Miotoni Road Campus. We recognize that our children need support from both home and school to be successful in school. To our new parents, We are looking forward to a productive partnership with you to ensure our children achieve their highest potential.



Gala Dinner - NWST will be among the finalists awarded at the Great Places To School Gala Dinner. The school won two awards in the following categories: **Global Competence, Career Guidance and Workforce Readiness**. The Gala dinner is scheduled for 27th January 2023 at Sarova Panafric, Nairobi, from 6:00 pm-10:00 pm. All Parents are welcome.

UPCOMING DATES

January 27th - Gala Dinner 6 pm, 10.40 pm, Sarova Panafric.

February 3rd - NWST Karen Campus Town-hall Meeting, 4.30 pm, Miotoni Road Campus.

February 8th - Parents' Study 4.30 pm, NWST Lavington Campus.

February 11th - Nanny Workshop, 8.30 am - 4.30 pm, NWST Lavington Campus.

February 13th- 17th NWST Class Trips.

February 20th - 24th NWST Half Term Break.

Different Types of Child/ Individual Personalities.

Personality types are useful for recognising how we lead, influence, communicate, collaborate, negotiate business and manage stress.

There are four temperaments in a human being, and they radiate outwards to the world through a person's character. Sanguine, Melancholic, Choleric and Phlegmatic. Each temperament is different from the others. As the teacher gets to know children, they must understand their character and behaviour, mainly influenced by their temperaments.

We have four seasons in a year. They can be symbolic of the the four temperaments. The four elements earth, fire, water and air also are connected to these temperaments. As we mature, we strive to have each of them make us whole and balanced.

In Waldorf Schools, the curriculum helps the child to balance all four temperaments and control them.

Sanguine

These people are amicable, active, expressive, energetic, enthusiastic, social, bubbly and overly talkative. Due to their expressive nature, you can tell when they are angry or happy. Sanguines are popular in their surrounding. They tend to be people's favourites because they make them laugh because their sense of humour is very natural. The sanguines are like beautiful butterflies and cannot settle in one place; hence completing a task they have started is a tall order.

Sanguines are attention seekers, so they look for it if they do not get it. They love being with people. Although they are very caring, when imbalanced, they can be superficial. The yellow colour represents the sanguine. It is the spring colour, hence comparing the sanguines to the spring season. Their element is the air, light and moving around.

Melancholics

They are primarily slender and very tall. Their listening skills are good because they tend to feel deeply. They are very sympathetic and always look for ways to give out their support. Their inner life

is rich and are usually introverted. They are generally emotional. The blue colour is associated with melancholics due to its calm nature. The Autumn season and the earth element represent the melancholics. As children, they spend time playing quietly by themselves. When they are adults, they become deep thinkers and keep an eye on injustices. However, they can also be moody, discontent, obsessive, perfectionist, tunnel-minded, and pessimist.

Cholerics

Cholerics are very ambitious and confident people. They have leadership qualities, but they can be dictators if imbalanced. They are focussed on achieving their objectives and hence get things done. Physically they are full of energy and are always busy. They often look for challenges to keep their high energy engaged. The Colour red is associated with the cholerics, for they are fiery if imbalanced, especially when angry. The fire element in them makes them relate well to the summer season.

Phlegmatics

The colour associated with this temperament is green. The phlegmatics enjoy comfort and do not like change. They love food, whether eating or cooking. They are very wise and introverted. When pushed, they can be stubborn. Rhythm and routine are essential to them, and any change brings insecurities. The winter season and water elements represent phlegmatics.

We all have our differences. Each temperament has value to us. To work in harmony, we must recognise our differences and complement each other as we learn how to control and balance our characters.

Irene Mbugua, class two teacher

NWST Values and Code of Conduct

NWST VALUES

Reverence - Nurturing a deep respect for individuals and our connection to the world around us.

Imagination - Cultivating the creative, imaginative minds of our students.

Inventiveness - Inspiring thoughts and actions through innovative means.

Freedom - Encouraging individuality while maintaining personal responsibility.

Diversity - Embracing and appreciating our differences.

CODE OF CONDUCT

The corner stone of standard behavior for students is respect for oneself, respect for others, and respect for the school, environment, and local community. Nairobi Waldorf School Trust strives to offer to all students an emotionally safe environment in which they can fully achieve their academic and personal potential.

The school will work collaboratively with parents, carers, and teachers to ensure that high standards of acceptable behaviors are maintained inside and outside the classroom. Teachers are encouraged to be good role models to the students by being punctual, organized, and demonstrating acceptable social behaviors.

We believe the most effective discipline is self-discipline, from within, and not imposed discipline. Each child must learn to be personally responsible and show consideration to other students, teachers, and the local community.

The school will endeavor to notice and reward good behavior by praise and positive reinforcement as we believe these actions will enhance cooperation and kindness.

In raising children, we need to continuously keep in mind how we can best create the most favorable environment for their imitative behavior. Everything done in the past regarding imitation must become more and more conscious and more and more consciously connected with the future - Rudolf Steiner

NWST PAYMENT DISCOUNTS

We have several School Discounts that you can take advantage of. They are :

a) 2.5% discount on school fees paid in full two weeks before the first day of school.

b) 5% discount on annual school fees paid in full before the first day of school

c) 10% sibling discount on school fees for additional (younger) children.

d) If you refer a new parent to the school and they get enrolled your account will be credited with Ksh 5000 if they are in Kindergarten and Ksh 10,000 if they join primary.