



ILLNESS POLICY

Please use good judgement when sending your child to school. Children thrive only when they are well and able to participate in activities. Any child who has upon waking, or is sent home with, a fever of 38 C / 100.4 F must remain home for 24 hours. NO EXCEPTIONS.

To avoid the spread of communicable diseases, any child who develops fever, rash, vomiting, or diarrhea during school hours will be isolated from others and a parent or guardian will be called to collect the child immediately.

Do not send your child to school if they exhibit any of these symptoms:

- Fever (38 C / 100.4 F)
- Vomiting
- Diarrhea or blood in stool
- Rash
- Rash with mouth sores and / or blisters on hands, feet, or diaper area
- Severe runny nose or sneezing
- Runny nose with cough / sore throat / body aches / decreased appetite / lethargy
- Sore throat
- Cough if barking / spasmodic or accompanied by weight loss
- Pink eye(s) with discharge or crusting
- Drooling with mouth / lip sores
- Swelling / pain of cheeks or salivary glands

Your child may return to school if they are:

- Fever free for 24 hours
- Without vomiting for 24 hours
- Without diarrhea for 24 hours
- Confirmed by a physician to have a non-contagious rash after 24 hours
- 2 weeks past the onset of rash AND fever with mouth / hand / feet / diaper sores
- Experiencing decreased severity of runny nose or sneezing
- Experiencing improved symptoms of reduced runny nose / sore throat / other symptoms
- 48 hours into antibiotic treatment or confirmed by a physician to be non-contagious
- Confirmed by a physician to not / no longer have Croup or Whooping Cough
- Confirmed by a physician that TB has been ruled out following cough and weight loss
- 48 hours into antibiotic eye drop treatment AND experiencing a resolution of pink eye
- Free of drooling and mouth sores or confirmed by a physician to be non-contagious
- 5 days past the onset of swelling / pain of cheeks or salivary glands

EBOLA PRECAUTIONS

In general, the risk for Ebola at our school and for our students is extremely low. Initial symptoms of Ebola include fever, headache, swollen glands, red eyes, stomach pain, diarrhea, vomiting, sore throat, lethargy, and joint and muscle aches.

Any individual with Ebola is NOT contagious until they display symptoms. Ebola is spread through contact with bodily fluids (or surfaces contaminated with bodily fluids) such as sweat, blood, vomit, urine, and feces.

Any child with a fever will be isolated and sent home immediately as a matter of school policy. Parents should assess a travel and contact history. If a child has travelled to a known Ebola epidemic area, they should remain home for 21 days after return. If a child has been in contact with an individual who has traveled to an Ebola epidemic area and the traveller then became ill, the child should remain home until the illness is determined NOT to be Ebola.

HYGEINE EXPECTATIONS

Children are encouraged to practice good hygiene at home and in school. Age-appropriate expectations include frequent hand washing (with soap!) and clean up of class surfaces and food preparation areas. Personal responsibility includes proper flushing of toilets and helping to maintain clean school bathrooms. Children should use tissues or a handkerchief during times of allergies or dust and cover their mouths when sneezing or coughing using the crook of their elbow. Please help keep the school safe and healthy by teaching your children these basic practices.

The school will maintain clean, hygienic classrooms, bathrooms, lunch rooms, food preparation surfaces and equipment through daily cleaning. All staff will model good hygiene practices through proper hand washing and sneeze / cough etiquette.

I / we _____, the parent(s) / guardian of

PARENT / GUARDIAN NAME(S)

child _____ have read, understood, and agree to the school health

CHILD'S NAME

policies and I / we agree to keep our child home following any symptoms and / or pick my / our child

immediately upon illness notification.

Signed: _____ Date: _____